

KEEPING THE PIECE

Women's Shooting Club

Safety First:

- 1) Treat All Guns as Loaded!
- 2) Never point the muzzle of any firearm toward anything you do not wish to destroy.
- 3) Keep trigger finger outside trigger well and on something solid until sights indexed on target and decision to shoot has been made.
- 4) Know your target and what lies behind it.



Points to Ponder : December

(Shooting in Low Light)

- * Most crime happens in the dark. Evil loves the darkness and hates the light!
- * Rule # 4 requires you to have a flashlight to point your gun at a human being in low light. Never point your gun at anyone you cannot assuredly identify as a threat!
- * A flashlight could mean the difference between you shooting an intruder and shooting your teenage son who snuck out and is returning home in the middle of the night.
- * Light should be rugged, water-resistant, bright, small enough to hold without fatigue, have reliable batteries (CR123 Lithium has 10 year shelf life), with momentary switch.
- * Sympathetic Squeeze (contraction) – includes 2 related phenomena
 1. Contraction of all digits on one hand when intention was to contract one digit (as in milking).
 2. Tendency of both hands to perform similar actions though intention was to perform action with only one hand.
- * Hand Confusion – physiological phenomenon where wrong hand is activated in a situation where each hand was assigned a separate task. (Rub tummy & pat head)
- * Sword Grip (lights with side activation switch) vs. Ice Pick Grip (lights with button on end)



- * Draw gun first, then bring light to proper position. Never cross gun over flashlight hand...Rule # 2.
- * Beam-Grip Displacement – refers to two things that can occur when using "hands-together" lowlight shooting techniques:
 1. Recoil can jostle aim of flashlight beam or cause light to bump on and off between shots.
 2. Position of gun & flashlight hands can be altered by recoil, requiring re-application of technique. (Adjusting beam can cause incorrect sight- picture)

* Sympathetic Squeeze & Hand Confusion are both concerns when using any "hands-together" lowlight shooting technique.

Hands-Together Techniques:

Harries Technique (Named after Michael Harries, pioneer of modern practical combat shooting – developed in 1970's. Ice Pick Grip with backs of hands pressed together in isometric tension for stabilization during recoil)



Ayoob Technique (Named for Masaad Ayoob, LE Officer, writer, martial arts/shooting instructor. Sword grip with thumbs pressed together in isometric tension.)



Hands-Apart Techniques:

FBI Technique (Oldest formally taught flashlight/gun technique. Ice Pick Grip with flashlight arm extended away from body)



Neck Index Technique (Developed & taught by Ken Good in 1992 at Combative Concepts, Inc. Published by Brian Puckett, 1994, in Handguns Magazine. Ice Pick Grip, using neck or jawline as index point)



ALWAYS DRAW GUN, THEN PRESENT FLASHLIGHT! REMEMBER RULE # 2!