



Safety First:

- 1) **Treat All Guns as Loaded!**
- 2) **Never point the muzzle of any firearm toward anything you do not wish to destroy.**
- 3) **Keep trigger finger outside trigger well and on something solid until sights indexed on target and decision to shoot has been made.**
- 4) **Know your target and what lies behind it.**

July - Points to Ponder

Correcting Common Shooter Errors

*** Anticipation of Recoil – A muscular reflex that can occur so close to actual recoil that it can be difficult to separate and eliminate.**

Heeling – Squeezing gun just before a shot goes off, which is a byproduct of Recoil Anticipation resulting in a pushing upward on the grips of the gun with the heel of the shooting hand.

Thumbing – Squeezing the thumb on shooting hand while pressing trigger.

Pushing – Pushing forward on the grips of the gun when pressing trigger.

- Follow-through is extremely important. This is the effort to maintain everything about your grip & sight-alignment that was true at the point the last shot fired. In order to follow-through properly, you will have to resist the urge to look at the target to see where the round hit. Concentrate on taking a mental picture of the sight orientation at the very moment the shot fired, then you can “call the shot” (predict where it hit the target).

