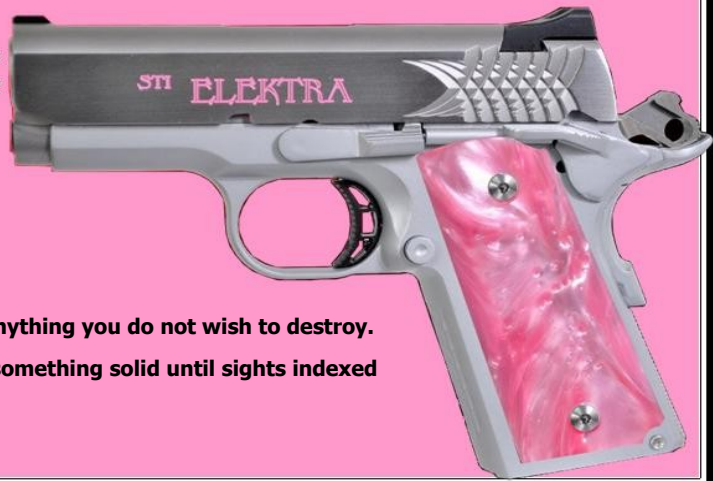


KEEPING THE PIECE

Women's Shooting Club

Safety First:

- 1) **Treat All Guns as Loaded!**
- 2) **Never point the muzzle of any firearm toward anything you do not wish to destroy.**
- 3) **Keep trigger finger outside trigger well and on something solid until sights indexed on target and decision to shoot has been made.**
- 4) **Know your target and what lies behind it.**



March - Points to Ponder

Drawing From a Holster – 5 Step Draw

Even though the draw from a holster is a fluid motion, it has steps which should each be considered when practicing. Depending on the training academy, these steps may be called different things. But, they are based on the same concepts we will cover below.

1. **Grip** (depending on your mode of carry, you may have added stop of moving cover garments out of the way as you take your grip)
2. **Clear** the holster (or purse, desk drawer, table, etc.)
3. **Smack/Click [sometimes called Rotate]** (this is when the the weapon is rotated so the muzzle points toward the threat and support hand meets the open space on the grips)
4. **Look** (extend the arms forward into shooting position while aligning your sights, directing your focus toward the front sight post, target becomes slightly blurred in the background)
5. **Press** (the trigger, only moving the trigger finger to the point of reset between rounds)

Remember, ladies...

"Always watch the attacker's hands, they are what kills you." (Jim Higginbotham)